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## Making pottery on a wheel

Seeing a skilled potter can make you think that using a ceramic wheel looks deceptively simple, but it's actually a process that requires skill, patience and a lot of practice to master. Using the ceramic wheel is called throw, and these wheels are specially designed to form evenly circular pieces such as plates, cups and bowls. The first step before starting the wheel is to prepare clay, which gets the air bubbling out. This is an important step because an air bubble can cause a piece of cracks during firing. Firing is the term used for baking clay in an oven, which is like an oven. There are two methods used to prepare clay: wedging and spiral kneading. Wedging is a physical task that involves repeatedly banging the lump of clay on a table in the attempt to knock out as much air as possible. Spiral kneading is much like kneading bread dough, where work clay with his hands. Using the palm, twist clay in a spiral shape that compresses clay to pop the air bubbles. The next step is to choose the bat, are metal plates that attach to the wheel, providing a surface for clay . come in different sizes and you would use another to throw a plate than you would a bowl. The wedged clay is located in the middle of. Before you can start shaping your piece, you need to get clay centered on the wheel. To do this, vigorously plow the clay down the middle of and start the wheel. You will want to use water for clay while pushing the mass down and pulling it up, and you repeat these steps until you are sure it is not wobble. This process may take some time, but it is very important. If the camp is not centered, you may lose control of the piece. Centering is the hardest part for beginners, but is something that can be mastered with practice. Once the camp is centered, the next step opens up clay. Like building a pinchpot, this is done by holding one hand on the outside of the camp to stabilize it, pressing the thumb of the other hand into the middle and pressing down into the camp. This creates a hole, which becomes the center of the pot. Once the camp is opened up to the desired width, the next step is to slowly pull it up in the shape you want. This requires slowing the wheel down for more precision, and you should always use both hands. It is important to keep clay lubricated, so that water is applied as needed throughout the form. Excess water tends to pool in the hole, and must be removed with a sponge so that the piece can dry evenly. If you forget this step, it can cause your piece to crack. Excess clay can form around the bottom of the piece, so the next step is to remove this, which is done with a rib. Ribs are tools used to shape clay and come in many shapes and sizes. They can be made of wood, metal or plastic. When you are ready to take the piece off the steering wheel, you can use a long piece of wire to remove it while wheel moves slowly. In our next section we will talk about firing and glass. There are no markings on my cobalt blue jar or bowl (9 1/2 H x 7diam.). I'd like to know more about it. S.C., FT. MYERS, FLA. Imported European salt-glazed stoneware ceramic elements were common in America's earliest settlements. The German-made 17th, 18th and 19th centuries utilitarian household items, including mugs, tankards and storage jars, were heavily traded with the English and Americans. Your example is a 19th-century stoneware jar that was used to store food that had to be kept cool. Valued at: \$250 \* The estimates given are preliminary only and can be changed based on first-hand inspection and further research. Valuation prices refer to a item's fair market value, or what one might expect to pay for an object of a similar age, size, color and condition at auction. This content is created and maintained by a third party and imported into this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io homeneewsGo Ahead Take WheelSee all 6 photosJul 17, 2007My latest entries have been about racing, and since the season is in full swing for just about all forms of motorsport, let's continue. I bet almost every red-blooded car fool has, at some point, uttered these words: Wow, you know, once, I'd like to go racing. I've done it myself. And while amateur racing can be time-consuming, expensive, heartbreaking, and (did I mention?) expensive, it can also be hugely satisfying. One of the things that makes you feel alive. The spirit of competition. And to have something in common with Louis Hamilton and Tony Stewart - other than 10 fingers and toes. If you've had this show, I suggest you pick up a copy of Go Ahead - Take the Wheel, by Dave Gran;. Gran is an SCCA racer who has been through all the mental and physical intrigue you have or will go through when you think about getting into the racing game. He has just captured everything in a book that is so worth his \$17 price on admission. The author starts at the beginning, and the thread that weaves throughout its story makes it smart while saving money. I like his approach: Go to some races to see if it's for you. Talk to people. Volunteer to get a feel for how a race meets goes. Take part in some club days on a racetrack with your street driver to learn some basics before investing in a race car. And so on. The book is filled with checklists of what to do, what to buy, or what to include, depending on the activity. The author reminds you - on several occasions:-- not to spend your money on go-fast treats in front of safety equipment. There are some poignant advice too, for example: If you were to ask 10 cyclists if it would be cheaper to buy a used race car or build one; nine will tell you that it is definitely cheaper to buy and the other person is lying. There are few drawbacks here. The book is at SCCA racing, so if you're interested in other series, you have more homework to do. But the SCCA is the most popular place, and the logic behind the rest of the book makes sense no matter which series you're running in. The different classes could have been better explained, regional versus national, etc., but you can learn all that from the SCCA itself and by attending events. All in, buying this book will save you a ton of wasted expense and deterioration and get you on the pitch faster with less stress. So if you've had these I can be a racer! performances and thinking about going to the next step, your first step is to buy this book. photography by Brian VanceSee all 6 photosTHE LAST IN CAR NEWSShare on FacebookShare on Twitter Skip to main contentWhich knew? Indulging in a bit of this dairy dynamo can keep you slim. Here's your guide to becoming a cheese whiz. Holy cow! Women who ate an ounce of full-fat cheese daily gained fewer pounds over time than their less cheesy peers, a study in The American Journal of Clinical Nutrition shows. The whole dairy contains conjugated linoleic acid, which can stoke metabolism. To get more waist-whittling power from your wedge, enjoy a single-ounce part (about the size of your thumb) of one of these top picks daily. Goat cheese An ounce of this creamy choice contains 76 calories and 6 grams of fat (4 g saturated) and has 5 g of filling protein. It is also a good source of copper, which keeps the immune system humming. Replace the majon and butter goat's cheese on a wrap or mix with chopped nuts and dried fruit for a filling toast tops. ParmesanAt 111 calories per serving, it seems like a splurge, but Parmesan comes with lots of necessary nutrients: A single ounce contains almost as much bone-building calcium as a glass of milk and 10 g of protein-more per ounce than chicken breast. Toast and sprinkle over a bowl of salad greens for a stroke of flavor. CheddarIt's easy to warm up to this classic queso: It becomes perfect gooey -not greasy - when heated and has 6 percent more calcium than American cheese. An extra-crisp cheddar adds zing to favorite foods like tacos and veggie burgers. Monterey JackNosh on Monterey Jack and a piece of fruit for a salt-sweet balance of carbohydrates, fiber, protein and fat that can tide you over for the next meal. In the mood for something spicy? Choose pepper Jack cheese, a twist on monterey jack that includes peppers like jalapeños. Eat 1 ounce of either to ensure about 20 percent of your daily requirements for calcium and 6 g of protein for 110 calories. Ricotta Good news, lasagne lovers! Even full-fat ricotta is a low-cal wonder: It weighs in at a button 49 calories and 4 g of fat (2 g saturated) per ounce and has the lowest amount of sodium of any cheese out there. For a decadent tasting dish, toss ricotta with pasta and fresh herbs or stir in jarred tomato sauce for an easy upgrade. ProvoloneThis soft, firm cheese is versatile enough to go with most deli meats. One piece offers 21 percent of your daily for calcium, along with other bone-building minerals phosphorus and selenium. Make it on top of lean meat for 100 calories and 7 g of fat (5 g saturated). MozzarellaNet 22 percent of your daily calcium with a portion of this juicy pick. Mozzarella contains 85 calories and 6 g of fat (4 g saturated) per ounce. It is an ideal fit for omelets because it will not overwhelm the gentle taste of eggs and masks well with most vegetables. Cheese for breakfast? Yes, please! Photo Credit: Lucas ZarebinskiSELF does not provide medical advice, diagnosis or treatment. All information published on this website or of this brand is not intended as a substitute for medical advice and you should do nothing until you consult with your healthcare professional. TopicscheeseFromagehealthy eatingTrustworthy nutrition advice, mindful eating tips, and simple, tasty recipes anyone can make. Sign up today. Today.

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